

# 1st training for World Cup - Prague Spring

**Date:** 3rd May, 14:30 - 19 p.m.

**Centre:** Mníšek pod Brdy 25 km South from Prague, Penzion Na Náměstí – Stříbrná Lhota  
<http://www.hospoda-lhota.estranky.cz/> (5km from Řitka) (also restaurant)

**Registration:** info(at)mtboprague.cz

– SI needed

**Starting fee:** 70 Kč (3 Euros)

**Start:** from 14.30 to about 19 p.m (after you come, you start)

Centre - start - finish – 0 m

**Map:** 1:10 000, E 5m

**Course:** the same for all, 45 – 55 min. (for bests)